CONTENTS

Preface xv

Part 1 A Framework for Understanding Professional Ethical Standards 1

Chapter 1 Introduction to Professional Ethics: A Psychology and Philosophy for Ethical Practice 3
- Literature from Developmental Psychology 5
- Codes of Ethics 9
- Literature from Philosophy 13
- Research on Professional Ethics 16
- Summary 24
- Discussion Questions 24
- Recommended Readings 25
- Additional Online Resources 26

Chapter 2 A Model for Ethical Practice: Using Resources to Enhance Individual Judgment and Ethical Resolve 27
- Forms of Ethical Reasoning 27
- A Model for Ethical Decision Making 29
CHAPTER 5  CONFIDENTIALITY: SUPPORTING THE CLIENT’S RIGHT TO PRIVACY 107
Ethical Principles and Virtues Underlying Confidentiality 109
Codes of Ethics 110
Confidentiality and Communication with Other Mental Health Professionals 112
Confidentiality and Communication with Significant Others of the Professional 114
Confidentiality and Privileged Communication 116
The Limits of Confidentiality 118
Confidentiality with Special Populations 138
Emerging Challenges to Confidentiality: Managed Care, Technology, and Institutional Violence 144
Summary 150
Discussion Questions 155
Cases for Discussion 155
Recommended Readings 156
Additional Online Resources 156

CHAPTER 6  INFORMED CONSENT: AFFIRMING THE CLIENT’S FREEDOM OF CHOICE 157
The History of Informed Consent 158
Underlying Ethical Principles 160
Codes of Ethics on Informed Consent 160
Informed Consent and the Health Insurance Portability and Accountability Act (HIPAA) 164
Approaches to Informed Consent 165
The Interplay of Ethical and Clinical Considerations 169
Applications to Special Populations 170
Informed Consent in Assessment 174
Research Findings on Informed Consent 175
Cases for Discussion 177
Summary 179
Discussion Questions 179
Recommended Readings 180
Additional Online Resources 180
CHAPTER 7  SEXUAL CONTACT WITH CLIENTS, STUDENTS, AND SUPERVISEES: VIOLATIONS OF POWER AND TRUST  181
Rationale for the Prohibition  183
Factors that Affect Client Vulnerability to Exploitation  183
Research on the Scope of the Problem  190
Sexual Contact with Former Clients: A Controversial Issue  192
Sexual Contact in Educational, Consultation, and Employment Settings  198
Distinguishing between Sexual Feelings and Sexual Misconduct  201
The Place of Nonerotic Touch in this Context  203
Providing Effective Subsequent Therapy for Victims  207
Cases Reexamined  208
Summary  211
Discussion Questions  211
Cases for Discussion  212
Recommended Readings  212
Additional Online Resources  213

CHAPTER 8  NONSEXUAL MULTIPLE RELATIONSHIPS AND BOUNDARY ISSUES: RISKING OBJECTIVITY AND CLIENT WELFARE  215
Definition of Terms  217
Underlying Dynamics in Multiple Relationships  225
The Views of Ethics Scholars  228
Questions to Consider in Decision Making  229
Research Findings: Practitioners’ and Consumer Views  230
Accepting Gifts from Clients  232
Multiple Relationships and Rural or Small Community Practice  234
The Ethics of Barter  238
Cases Reexamined  241
Summary  243
Discussion Questions  244
Cases for Discussion  244
Recommended Readings  245
Additional Online Resources  245
CHAPTER 14  COUNSELORS AND THERAPISTS AS TEACHERS AND RESEARCHERS: INTEGRITY, SCIENCE, AND CARE 403
The Ethics of Teaching 403
The Ethics of Research 418
Credit for Publishing Research 424
Special Ethical Concerns for Counseling and Therapy Researchers 425
Summary 427
Discussion Questions 428
Cases for Discussion 428
Recommended Readings 429

PART 4  WHEN PREVENTION FAILS: ETHICAL RESPONSES TO UNETHICAL BEHAVIOR 431

CHAPTER 15  RESPONSIBILITIES FOR SELF AND COLLEAGUES: REPORTING, RECOVERY, AND REHABILITATION OF MISCONDUCT 433
Accountability of Counselors and Therapists 434
Supporting the Client through the Complaint Process 441
Responding to an Ethics Complaint 443
Self-Monitoring: Taking Responsibility in the Absence of a Complaint 444
A Three-Step Model of Recovery 446
Summary 449
Discussion Questions 450
Cases for Discussion 450
Recommended Readings 452

REFERENCES 453
APPENDIX A: AMERICAN COUNSELING ASSOCIATION, CODE OF ETHICS AND STANDARDS OF PRACTICE 489