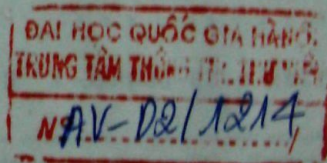


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PHYSICAL FITNESS A Wellness Approach

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Contents

PREFACE xvii

1 PERSONAL FITNESS: WELLNESS 1

Personal Fitness 3

The Health-Illness Continuum 3

The Components of Health 4

Wellness 6

High-level Wellness 7

The State of the Nation 9

Health-Specific Problems 9

Health-Related Problems 10

Health Behavior Assessment 12

Your Health-Behavior Scores 14

What Your Scores Mean to You 15

This Book 15

References 16

2 EXERCISE: YOUR BODY'S RESPONSE 17

The Muscles 18

Three Types of Muscle 19

Fast- and Slow- Twitch Muscle Fibers 21

The Heart Muscle 22

Common Muscle Characteristics 23

The Nervous System	23
The Brain	23
The Spinal Cord	24
The Autonomic Nervous System	25
Nerve Pathways	25
Exercise and the Nervous System	26

The Cardiorespiratory System	28
The Course of Circulation	30
The Breathing Process	30

Psychological Responses	30
Motivation	31
Anxiety	32
Depression	33
Self-esteem	33
Positive Psychological Responses	34

Manipulating Conditions for Exercise	35
Frame of Mind	35
Time of Day	36
Other Realities	36

Summary	37
References	37

3 TRAINING: YOUR BODY'S RESPONSE 38

Training	40
Principles of Training	40
How to Train	42

Training Sessions	45
Warmup	46
Conditioning	50
Cooldown	51

Physiological Responses	51
Neuromuscular Changes	51
Cardiovascular Changes	53
Respiratory Changes	54
Metabolic Adjustments	55
Body Composition Changes	55

Psychological Responses 56*Lowered Anxiety Levels 56**Better Stress Management 58**Depression Reduction 58**Increased Self-esteem 60**Enjoyment 60**Friendship 62**Sexuality 62**Feeling of Health and Fitness 63***Summary 63****References 63****4 ASSESSMENT: MEDICAL EVALUATION AND
FITNESS APPRAISAL 65****The Medical Evaluation 66***The Controversy: Is It Needed? 66**Components of the Medical Evaluation 68**Cardiorespiratory Assessment 70**Muscular Strength Assessment 72**Muscular Endurance Assessment 77**Flexibility Assessment 78**Body Composition Assessment 80**Motor Skill Assessment 82***Your Fitness Profile: A Step Toward Wellness 83****Summary 87****References 92****5 HOW TO GET WHERE YOU WANT TO BE: CHOICES 93****Making a Choice of Activity 94***Some Criteria 95**How Often Should You Exercise? 97**How Long Should You Exercise? 99**Fatigue 100**Stress 101*

9 IMPROVING YOUR BODY: PHYSIQUE AND FLEXIBILITY 173

Improving Body Physique 174

Chest and Arm Muscles 174

Abdominal Muscles 176

Leg Muscles 177

Overloading 178

Improving Muscular Strength and Endurance 179

Types of Muscle Contraction 179

Developing a Weight Training Program 180

Training Isotonically and Isometrically 182

Improving Flexibility 184

Summary 185

References 185

10 CARDIORESPIRATORY FITNESS 186

Coronary Heart Diseases 187

Risk Factors for Cardiovascular Disease 187

The Benefits of Exercise 188

Developing Cardiorespiratory Fitness 189

Target Heart Rate 190

Good Activities for Developing Cardiorespiratory Fitness 190

Walking 192

Jog-Walk 193

Jogging 193

Running 194

Other Good Activities 195

Special factors—Prerequisites—Cautions 195

Assessment 195

Age 196

Smoking 196

The Use of Alcohol 197

Current Fads 197

Maintaining Cardiorespiratory Fitness Throughout Life 198

References 199

11 NUTRITION AND WEIGHT CONTROL 200

Fat and Physical Appearance 201

The Overweight Society 202

Physical Liabilities of Overweight 204

The Social Stigma 205

Body Image 206

The Nutrients 207

Food Intake vs. Needs 208

Food Elements: Fats, Proteins, Carbohydrates, Vitamins, Minerals, Water 209

Eating Enough of the Right Foods 209

Special Nutritional Needs 212

Weight Regulation 213

Putting on Weight 214

Psychological Factors 215

Weight Reduction Programs 217

The Question of Behavior Change 218

The Role of Exercise 218

The Set Point Theory 219

Selecting the Appropriate Exercise 219

Summary 221

References 221

12 STRESS MANAGEMENT AND PHYSICAL FITNESS 222

Stress: Some Definitions 224

Common Stressors 224

Stress Reactivity 225

Stress Psychophysiology 226

Stress and Illness and Disease 228

A Model of Stress 231

Stress Management 232

Intervention: Setting Up Roadblocks 232

Life Situation Interventions 233

Perception Interventions 235

Relaxation Techniques 236

The Role of Exercise in Managing Stress 236

Tension 237

Progressive Relaxation 237

Using Stress By-Products 242

Psychological Relief 243

Selective Awareness 243

Summary 243

References 244

13 COMMON FITNESS INJURIES 246

Preventing Injury 247

Principles of Prevention 247

Special Precautions 252

Structural Analysis 255

Care of Common Injuries 256

Self-Care 256

When to See a Professional 256

To Exercise or Not to Exercise? 257

Common Kinds of Injuries 257

Injuries to Muscles 257

Injuries to Connective Tissue 258

Injuries to Bones 261

Injuries to the Skin 262

Summary: Wellness in Spite of Injury 263

References 265

14 A WORD ON POPULAR EXERCISES 266

Walking-Jogging 267

A Walking-Jogging Program 267

Jogging 269

Rope-Jumping 272

Swimming 277

Cautions for Popular Exercises 278

<i>Tennis</i>	278
<i>Racketball, Handball, and Squash</i>	281
<i>Aerobic Dance</i>	282

Some Last Words on Wellness	282
References	283

Appendix A: YOUR PSYCHOSOCIAL PROFILE 284

Appendix B: WEIGHT REGULATION AND NUTRITION 298

Appendix C: PHYSICAL FITNESS INFORMATION RESOURCES 309

Bibliography 317

Index 325